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Agenda for the Annual General Meeting of the Eureka Support Society

280 4th Street, Courtenay BC Canada V9N 1G6 August 31, 2022

Confirm Quorum

- 1. Call to order
- 2. President's report
- 3. Approval of agenda
- 4. Approval of minutes from the 2021 AGM
- 5. Reports
 - Executive Director
 - Member Support Worker
 - Kitchen Report
- 6. Presentation of financial statement from MNP
- 7. Appointment of financial institution MNP (Karen Guinan) for the upcoming fiscal year 2022/2023
- 8. Election of new Directors
 - Motion to appoint the following slate as the Eureka Support Society's Directors for 2022/2023

Joan Carson
Jonathan Veale
Danita Cox
Meg VandenDries
Dean Thompson
Diedre Melon
Val Porteous
James Buchanan

9. Adjourn

2021 AGM - Eureka Support Society - August 25, 2021

Called to Order 12:00 Noon.

Member attendance: Peter Senior, Mike Donaghy, Bud Taylor, Dawne Skye, Wendy ?,

Guest attendance: Karen Melnyk(Keystone Eldercare Solutions)

Board attendance: Eddy Veloso, Donna Simonovic, Michele Avery, Jonathan Veale, Joan Carson, Danita

Cox, Steve Ambrose, Meg VandenDries.

Members and Board were welcomed by President Michele Avery

Motion to approve agenda. Moved by Zac McKenzie and seconded by Donna Simonovic. Carried

Motion to approve the minutes of the 2020 AGM. Moved by Jonathan Veale and seconded by Donna Simonovic. Carried

Motion to amend the agenda to include nominations from the floor. Moved by Jonathan Veale and seconded by Joan Carson. Carried

Motion to elect slate of directors (removing Anne Laurie) as presented. Moved by Jonathan Veale and seconded by Joan Carson. Carried

Board of Directors: Michele Avery, Eddy Veloso, Steve Ambrose, Donna Simonovic, Meg VandenDries, Jonathan Veale, Joan Carson, Danita Cox.

Motion to accept the Presidents Report as presented. Moved by Jonathan Veale and seconded by Joan Carson. Carried

Lively discussion initiated by Bud Taylor (Eureka Member) regarding a green roof to help address climate change. Should the Board decide to move forward with a 'green' roof they will contact Bud Taylor for his input.

Motion to accept the Treasurers report as presented. Moved by Jonathan Veale and seconded by Joan Carson. Carried

Motion to add electronic voting for the Board of Directors to the Bylaws. Moved by Zac McKenzie and seconded by Joan Carson.

Motion to adjourn at 12:45pm. Mo Carried.	ed by Jonathan Veale and seconded by Joan Carson.
Director	Director

Executive Director's Report

The landscape of nonprofit work in the last three years has been in constant flux and Eureka has not escaped the effects of the Covid-19 pandemic, restrictions put in place, and resulting challenges to operations and funding opportunities.

I would like to offer a personal note of thanks to those who have been instrumental in carrying the unique and significant weight of making programs happen and ensuring Eureka can continue to offer supports to those seeking them through such a difficult circumstance. Though I came into the picture near the completion of the fiscal year, it is clear that the combined efforts of staff, board, volunteers, and community partners have ensured Eureka's continuation into the future.

As the 22/23 year continues, we have much to look forward to and will continue in the spirit of all who have made and continue to make Eureka the space of support, encouragement, and learning as we discover what opportunities there are in front of us and what we can do to meet the needs of those here, in the community, and make the mandate of Eureka radiate across the Comox Valley.

It is my belief that Eureka's impact on the lives of members and the community as a whole will continue to grow and become an essential part of the answer to the growing needs of mental wellness in the valley.

Respectfully,

Troy Dunham, MA

Executive Director

Kitchen Coordinator Report

Increasing lunch attendance

- Last month we served 300 meals
- Year to date, 1557 meals served with 5 calendar months remaining
- Total meals served in 2021 was 1570

It grows more challenging to serve meals on budget with rising costs
The food bank has helped with several generous donations this year
Focus: provide affordable nutritious meals
More members requesting specific meals, we accommodate as much as possible
We continue to buy bulk products when available and repackage into usable portions
We have brought back the monthly birthday lunch

The kitchen provides jugs of water and ice tea to members free of cost

- Eureka continues to donate the first drink to members,
- Coffee and tea remain 50 ¢ everything else is increased to \$1.00

Kitchen Equipment

- Donated BBQ has been a big hit for summer meals
- Kitchen freezer and old stove replaced with modern efficient models
- Kitchen appliances in good running order

The kitchen continues to offer 2 ongoing supervised work experiences, Monday morning kitchen help and Monday afternoon baking

We are still required to follow Covid protocols in the kitchen

The kitchen is running well, it's great to see members both old and new coming in for meals and more involvement from members.

Respectfully

Dawne Skeye Kitchen Supervisor

Member Support Report

With 5 months under my belt and a year to look ahead too, I am very excited to continue to help Eureka club grow in every aspect of its operations. Priority number one is continued training and education for my role to be the best I can be for ESS. I am keen to do all training available to me. I am all about growth to progress forward. Medical Benefits? Will it happen? so I can adjust accordingly. August has been full of transition with upgrades in some appliances, floors, and paint. Once completed we will be focusing some energy with members on new art for the walls of the clubhouse to help complete the transformation.

Moving forward in supporting anything Troy has up his sleeve for fundraising and clubhouse progression. Come September I will be starting my planning for a few fundraising ideas I feel ready to try and execute. One is a yoyo and Kendama marathon fundraiser. The other is a World Mental health donut collaboration with BIGFOOT doughnuts. We have a special guest Tai Chi instructor coming for a couple of sessions in September. Possibility of a new yoga instructor starting soon.

With Jay starting her practicum in September, I feel like we will have some extra time to put into programming, volunteer and support upgrade options. With upgrades to the right tech and equipment, I believe we will be able to host and deliver a higher level of program participation.

Here are a few key projects Jay will be able to help complete.

Finishing the lay out for the vocational accountability Basics 101 course. Integrated with clubhouse work experience options for skill building and skill set reinforcement. Afterwards members will compliment these skills with a Mental Health Job Connection service. After attending the 101 course members might can connect with employers that are willing to support unique job placements for individuals who have passed through the Vocational 101. In my hopes this should also connect and create more peer support initiatives for workplace environments involved. 101 will also include a technology section. This will give information about tools with technology to better organize and manage aspects of life while living with mental illness. Smart Phones can be helpful when they are used for the right reasons. This resource for smart phones and tablets will outline smart phone features and apps that can help organize and structure an individual's life.

Developing and publishing a more comprehensive version of a Comox Valley Mental Health Resource Guide. Including suggestions for apps and online services available. This guide will include a flow chart to help people visually understand where on a mental illness journey the person of concern is at, guiding them to the appropriate supports.

We will continue relations with Ryan house and collaborations for Mental health support and further development of specialized programs and activities. Some of our members live there, and some people that live there are potential members once they reach that point in recovery.

A very special BTP MH puppet movies and performances with help from CVYMP- Comox valley youth media project This project has costs attached in which 90% reimbursements are done. The outreach of awareness for advocating Mental health on this project is almost limitless. It will also give new life to a legacy of work done by members and staff of previous decades.

Jason Kirsch PD/SW

Statement of Financial Position

As at March 31, 2022

	2022	2021
Assets		
Current		
Cash	95,469	93,064
Member loans receivable	- .	546
Restricted gaming account	53,721	17,633
Prepaid expenses	3,021	3,097
Goods and services tax receivable	1,306	1,262
	153,517	115,602
Tangible capital assets	330,397	328,644
	483,914	444,246
Liabilities		
Current		44.000
Accounts payable and accruals	9,765	11,660
Deferred income	113,245	24,276
	123,010	35,936
Callable debt due on demand	35,047	39,735
	158,057	75,671
Net Assets		
Tangible capital asset fund	295,353	288,912
Restricted fund	78,992	42,916
General fund	(48,488)	36,747
	325,857	368,575
	483,914	444,246

Approved on behalf of Management

Statement of OperationsFor the year ended March 31, 2022

	2022	2021
Revenue		
Provincial government funding	141,756	134,608
Donations and grants	34,941	71,115
Renovation donations	3,493	14,606
Gaming - community gaming grants	9,200	9,200
	189,390	229,529
Expenses	·	
Amortization	11,110	10,908
Bank charges and interest	651	18
Gaming expenses	17,624	3,033
Insurance	5,377	4,398
Interest on callable debt	1,864	2,087
Licences and fees	603	2,001
Professional fees	8,353	5,073
Program expenses	18,858	18,838
Repairs and maintenance	11,563	26,148
Salaries and benefits	135,367	106,413
Supplies	10,064	9,663
Telephone	2,565	2,428
Utilities	8,609	5,867
	232,608	194,874
Excess (deficiency) of revenue over expenses before other items	(43,218)	34,655
Other items Gain on disposal of capital assets	500	-
Excess (deficiency) of revenue over expenses	(42,718)	34,655

Statement of Changes in Net Assets

	For the year ended March 31, 2022				
	Tangible capital asset fund	Restricted fund	General fund	2022	2021
Net assets beginning of year	288,912	42,916	36,747	368,575	333,920
Excess (deficiency) of revenue over expenses	(12,974)	36,076	(65,820)	(42,718)	34,655
Transfer between funds	19,415	-	(19,415)	-	_
Net assets, end of year	295,353	78,992	(48,488)	325,857	368,575