

# Eureka Programs January 2022

Clubhouse open Monday—Friday 9:00am—3:00pm;

Lunch 11:30 to 12:30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Please sign up with Member Support Worker for Activities, Thx!						1 <i>Happy New Year! 2022</i>
2	3 <i>Eureka Clubhouse Closed</i>	4 <b>10:30 Music Jam</b> 1:30 Move and Groove	5 <b>10:00 Walking</b> 1:00 Yoga <b>2:00 Song Writing</b>	6 10:30 Mindfulness 1:00 Knitting/ Handicrafts <b>1:00 Puppets</b>	7 10:30 Drum Circle <b>1:00 Netflix Movie</b>	8
9	10 10:00 Walk/Yo-Yo <b>1:00 Baking</b> 1:00 Mindfulness <b>2:00 Art</b>	11 <b>10:30 Music Jam</b> 1:30 Move and Groove	12 <b>10:00 Walking</b> 1:00 Yoga <b>2:00 Song Writing</b>	13 10:30 Mindfulness 1:00 Knitting/ Handicrafts <b>1:00 Puppets</b>	14 10:30 Drum Circle <b>1:00 Netflix Movie</b>	15
16	17 10:00 Walk/Yo-Yo <b>1:00 Baking</b> 1:00 Mindfulness <b>2:00 Art</b>	18 <b>10:30 Music Jam</b> 1:30 Move and Groove	19 <b>10:00 Walking</b> 1:00 Yoga <b>2:00 Song Writing</b>	20 10:30 Mindfulness 1:00 Knitting/ Handicrafts <b>1:00 Puppets</b>	21 10:30 Drum Circle <b>1:00 Netflix Movie</b>	22
23/30	24/31 10:00 Walk/Yo-Yo <b>1:00 Baking</b> 1:00 Mindfulness <b>2:00 Art</b>	25 <b>10:30 Music Jam</b> 1:30 Move and Groove	26 <b>10:00 Walking</b> 1:00 Yoga <b>2:00 Song Writing</b>	27 10:30 Mindfulness 1:00 Knitting/ Handicrafts <b>1:00 Puppets</b>	28 10:30 Drum Circle <b>1:00 Bingo!</b>	29  As of Dec 21, 2021